© Kamla-Raj 2019

PRINT: ISSN 0973-5070 ONLINE: ISSN 2456-6772

Factors Influencing Risky Sexual Behaviours among Youths and Adults Men in Malawi

Ethno Med, 13(1): 44-56 (2019) DOI: 10.31901/24566772.2019/13.1.571

Beston B. Maonga¹, Tapiwa Sphiwe Gondwe² and Kennedy Machira³

^{1,3} Lilongwe University of Agriculture and Natural Resources, Faculty of Development Studies, P.O. Box 219, Lilongwe, Malawi ²Lilongwe University of Agriculture and Natural Resources, Faculty of Food and Human Sciences, P.O. Box 219, Lilongwe, Malawi E-mail: ³<kmachila30@gmail.com>

KEYWORDS Condom Use. High Risk Practices. Male. Multiple Sexual Partner. Religion. Youth

ABSTRACT In Malawi, men continue to be vulnerable to high risk sexual behaviours owing to multiple sexual partnerships and inconsistent condom use during sexual encounters. This paper presents findings of a study that examined risky sexual behavioural factors among male youths and adults in Malawi. Drawing 7478 men from a 2015/16 Demographic Health Survey, negative binomial and logistic regression estimators were used to analyze the study objectives. The study found that religious beliefs and education attainment were major factors that influence men to have multiple sexual partners in Malawi. This study therefore, proposes to redesign and implement extensive men centred reproductive and sexual health education initiatives followed by informal social campaigns targeting religious settings in order to reduce men's vulnerability to risky sexual behavioural practices.